



ARBenefits Newsletter

Q3 | 2024 | Active

OPEN ENROLLMENT IS COMING

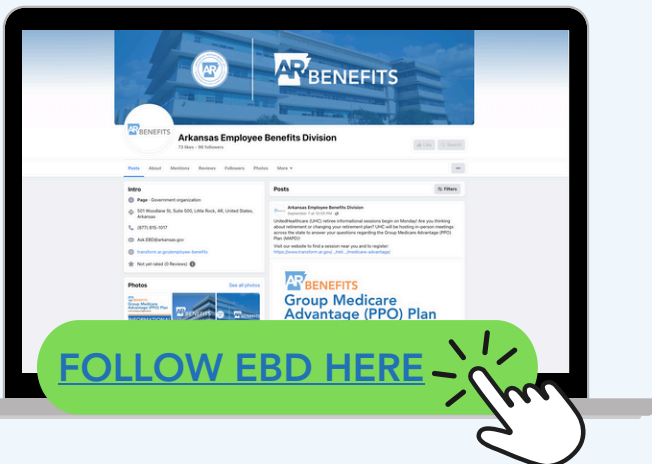
Get familiar with the plans available to you offered by ARBenefits. Make sure you are ready this Open Enrollment!

Open Enrollment runs from October 1-31.

If you have a Flexible Spending Account, you will need to enroll again for 2025.

[Arkansas State Employees](#)

[Public School Employees](#)



Employee Benefits Division is on Facebook!

Follow us for helpful information about your ARBenefits plan, updates to the plan and EBD, and special events like Open Enrollment.

Work and Life Services for you through the Employee Assistance Program

Services include help in the following categories:

- Career and Work
- Daily Living
- Education
- Family and Caregiving
- Health and Wellness
- Legal and Finance



Do you need support in personal finance, budget, or your debt? The Knowledge of Financial Education can help!

- ✓ Online tools
- ✓ Financial Coaching
- ✓ Webinars

[Click Here](#) to learn more



Optum

If you are on the Basic or Classic Plan, take advantage of the monthly state contribution for Health Savings Account plans:

Account plans:

- \$25 for an individual
- \$50 for you and your dependents

NAVITUS

Check the Arkansas Drug List to see if your medications are covered and if there are special restrictions. This is updated monthly so keep checking if something is not added.

To view the Arkansas Drug List, [click here](#).

Summer Grilling Tips

- Clean your grill after each use
- If any parts of your grill are not working properly, do not use it
- Keep water or a fire extinguisher nearby
- Keep your grill at least 5 feet from your house, plants, or furniture
- Never leave your grill unattended
- Place your grill on a flat, level surface



Blue365

[Register here](#)

Blue365 is the easy way to get coupons and discount on things you need as part of your ARBenefits!

Register your account to get deals on:

- Travel
- Meal Kits and Wearable Tech
- Back to School Clothes
- and more!

Follow the Department of Transformation and Shared Services on social media!



[Questions? Contact us today!](#)

Email: Ask.EBD@arkansas.gov
Member Services: 877-815-1017